

PEACEHAVEN GOLF & FITNESS

Golf Course

The Golf Course is now open to Members and Visitors. Please book your tee-time by phone on 01273 514049 or online at www.peacehavengc.com.

Gym at Peacehaven Golf & Fitness

Re-opening from Wednesday 23rd September

We would like to thank you all for your very kind messages and support during these difficult trading times. It has been really appreciated as we try to figure what is the right way to open and operate in a safe environment, so the following new procedures are now in place to ensure the safety and wellbeing of our gym members, golf members and guests.

We appreciate this may not fit with everyone's needs but we feel, at this time, we would rather move slowly and safely as we confront this new world.

Our NEW operating procedures:

OPENING TIMES: 7am until 4pm (7 days a week) - the gym will close at 4pm.

LIMITED USERS: max. of 15 members at any time (we do not see this as being restrictive as it is currently more than we had back in February).

LIMITED TIME: workout time to be limited to 1 hour per session.

REGISTRATION: all gym members will need to register before entering the gym at the upstairs bar where you will collect an entry card and an antibacterial spray (we will hold a £5 deposit or driving license here to ensure we get departure times recorded), this will also help provide govt conditions in collecting test & trace details.

CLEANLINESS: we will be cleaning all equipment regularly and ask our gym members to use the available sprays to wipe down equipment thoroughly after each use.

Please maintain social distancing at all times, train alone and do not share any towels or equipment with other gym users.

SHOWERS & CHANGING ROOMS: The showers & changing room will remain closed.

UPSTAIRS BAR AREA: To limit the number of people in this area, and retain social distancing, we are asking gym members not to use the upstairs bar area before and after their gym session

APOLOGIES for all these new rules, we would rather not have them and we hope you can understand and see the value in them.

JOIN US: If you would like to become a member at Peacehaven Golf & Fitness Gym, please either pop in to see us or visit our website www.peacehavengc.com

Thank you again for all your support and we hope to see you soon!